



Charter Granted 7 August 1961

SOUTH WIND

THE ROTARY CLUB OF BANGKOK SOUTH

The Crowne Plaza Bangkok Lumpini Park Hotel, 952 Rama IV Road, Bangkok 10500 Thailand
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Meetings:
Friday
12.15 pm.

President Michael Schulz
President Elect Michael Doyle
Immediate Past President Nick Pisalyaput
Vice President Dean Outerson • **Vice President** Dana Caron
Secretary Vitool Tantianunanont • **Fund Raising** Douglas Riach • **Treasurer** Nathan Christoff
Communications Tim Cornwall • **Administration** Stuart Lucani • **Service Projects** Chris Thatcher
Rotary Foundation Rakesh Sodhia • **Sergeant-at-Arms** Adrian Topham

Kasit Piromya Political Party and Reform of Thailand

No 2523

14 March 2014

Dr M Chase Schneier Cause and effect: A better understanding of life and health



Dr M Chase Schneier came today, along with some informative posters, but most importantly, he brought a message about his profession, chiropractic physician, that I believe was of personal interest to many of us in the room. In particular, I know his story about letting things go until one day, just a simple thing like leaning over to tie a shoelace leads to a chronic back pain, brought back a painful experience I went through...

Dr Chase mentioned that chiropractic practice started almost 120 years ago in the US. Now the third largest primary health profession in America, it treats million of people worldwide. Now licensed in Thailand, he is among a growing body of chiropractors in practice in Bangkok.

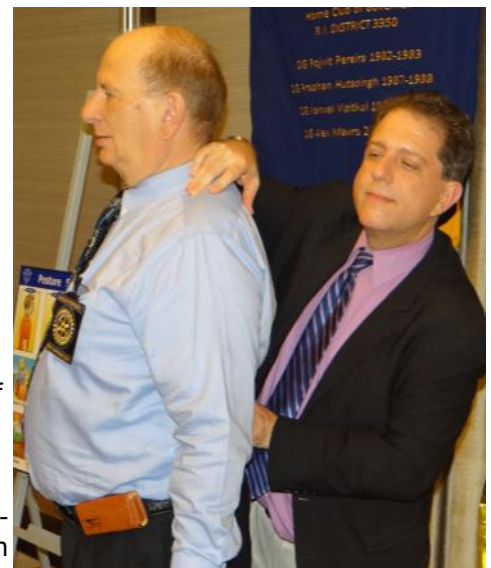
He went on to talk about the need to understand how the body has a special knowledge as to how to be healthy. Contained in genetic information present in every cell in the body, this knowledge is expressed mainly through a working nervous system that is in balance.

Moving on to talk about his specialty, he dealt with how spinal alignment and movement is what is most needed for a healthy spine and that this is essential for proper nervous system function, which in turns leads to good health and life.

He was quite adamant that instead of reaching for painkillers to fight pain, the goal is to find what is causing the pain. As he suggested, while many people today simply reach for painkillers or other drugs when suffering with pain and illness, this is like knocking

down a smoke alarm during a fire. You may feel better in the short term, but in the end you may regret it.

In closing his informative and well-received talk, he performed an initial examination of our svelte Sergeant at Arms, and was, much to our surprise, able to demonstrate a number of concerns we should all be aware of if we wish to be able to continue to tie our own shoes.





Flashback



Ask people to smile and this is what you get... the good, the bad and the ugly...



Colombo East were in town and came to visit us in numbers. A great group of visitors, they helped to enliven our weekly meeting with their warm smiles and joy at being able to share lunch with fellow Rotarians.



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Khun Khob's Club Almanac # 2523 – 14 March 2014

Happy Birthdays

PP Koichiro Ishihira	March 14
Gerard Geraets	March 17
PP Ole Madsen	March 18

Wedding Anniversary Greetings

Prasobsook Thawilvejjakul	March 14
Prasob Snongjati	March 15
Gerard Geraets	March 16
Benjamin Ferguson	March 18



Attendance for 7 March 2014: 58%

Present 43, Make-up 4, Absent 34, Exemption 27, Total 108

Visiting for 7 March 2014

From Abroad

John Chirgwin	RC Matha's Vineyard, USA
Mark Wolf	RC Woodburn, OR, USA
Udaya Gatanla	RC Kathmandu West, Nepal

RC Colombo East, Sri Lanka

PE S Jayakarunakaran	IPDG Dharshan John
PDG NR Gajendran	PP Dushan Soza
PP R Theagarajah	PP S Shanmuganathan
PP M Razick	PP Lasantha Wijeweera
PN Vijayakumar Doulatram	Rtn G M Vijayeavel
Rtn Dulith Perera	Rtn Asela Samarapperuma
Rtn Uma Asela Samarapperuma	Rtn S Raadhakrishnan

Invited Guests

Apisith Promyanont
Ann Dhashika Jayakarunakaran
Gary White
Harold Finkleman
Les Walsh
Percy Pitzer
Ann Shanthini Gajendran

Introduced by

PDG Alex Mavro
PE S Jayakarunakaran
Adrian Topham
Chip Bowness
PP Ole Madsen
PDG Alex Mavro
PDG NR Gajendran

Makeup credits:

Membership, 23/01/14: AG Andrew MacPherson, Leo Alexander-son, PP Mark Butters, PE Michael Doyle, P Michael Schulz, PN Narain Suradejvibul, PP Narinder Sachdev, PP Niti Meyer, PP Ole Madsen, PDG Praphan Hutasingh, Rod Vergara, Rui Belo, PP Vichai Tantratitvud

Club Calendar

Friday, 21 March 2014 – Luncheon
Richard Harvey
Music Alters Everything

Friday, 28 March 2014 – Luncheon
Carrado Jay Boccia
Jim Thompson - the mystery

Friday, 04 April 2014– Luncheon
Christian Brunner

Friday, 11 April 2014 – Luncheon
Classification Interviews

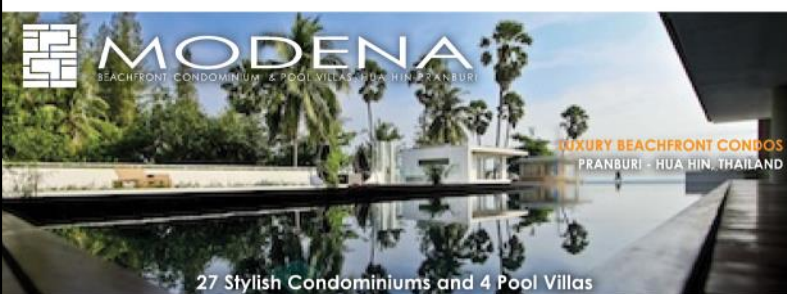
Friday, 18 April 2014 – Luncheon
Adel Meer

Friday, 25 April 2014 – Luncheon
Andrew Durieux
ASEAN 2015 – is it all its made out to be

Special Dates to Remember

Saturday, 28 June 2014
Installation Ball
Dusit Thani Hotel

For Bangkok South Events
rotarybangkoksouth.org/calendar-of-events



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